

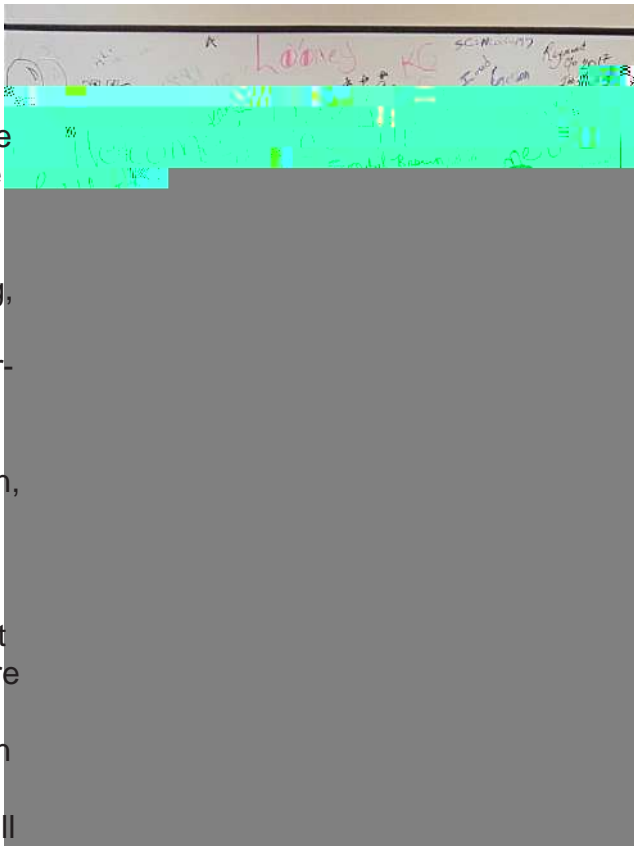
## Welcome to the student government

In February of 2018 EAST-WEST university held an election for a new student government. This governmental race had great people who were running for office. It was in this election that this university would elect what would seem like the best cabinet for the school, for now.

The candidate list wasn't long, but it was filled with a nice level of diversity and intellect. The people who won: Kisha Jackson, Mercado Morales, Yujin Wan. These were the ones to run, but this doesn't mean that they were guaranteed to win, as even one person running in a single person race can still lose the race.

The first one up was Kisha Jackson for the position of treasurer. Her speech for her position was filled with wonderful rhetoric and call to skills, but the key point lied in her status as a student ambassador

By: Andrew Lance while his speech was well and her skills with handling put together, he personally a budget along with financial claims that he isn't able to live up to the realities of the responsibilities or power of the fact that she knew what the role of vice president, her weaknesses were and president, or treasurer - no,



stated 'what I can't do, I'll have the other members help me in doing'. The second speech was Andrew Lance for the position of secretary. His speech was full of empathy and logic along with facts. It will be said that

as a member of a student council while she was in China. It's this level of experience that makes her stand at the top of the candidates. Her speech gave a sense of certainty and hope that things will and could be better for the students here.

While people may try or could try to find a negative in Yujin Wan's speech, there isn't any for the students as her speech was for them.

Lastly, Mercado Morales ran for president. While many who saw and heard him will attest to his sense of fashion and clothing choices, his speech reflects his style of clothing. Refined and elegant is his style of speech and clothing but there's more to him than that: he has a deeper connection with people of religious faiths as a man of faith himself. As his faith backs him, his logic and understanding of other people guide his choices and actions to help make the school a better place.

This short article on the student government speeches functions as two things. One to let the people of the school know who the current government. The second reason is to highlight their ideals and passions to the school. Some want to make the school better for future generations and others want to use their connections to help make students enjoy their stay here.

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# Crime Report for Chicago's South-side Brighton Park Neighborhood

(December 25th – January 7, 2018)

2 weeks into the New Year, 2 weeks into our false reality of starting/

By Abian Carlos related to rearms, and 1 child abduction report. e remaining 17 crime reports

were related to burglary/ robbery that also includes armed robbery scenarios.

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also states the negative outcome. She states that people will look at you differently. Both children & adults. She quotes " they don't tell you about the negative reactions you may face when you don't

# The Causes & Effects of Mass

## Incarceration

By Jeffrey Cohee

The U.S. is home to 5% of the world's population but is 25% of the world's prisoners. That's 1 in every 4 people. What is the cause of this horrendous turmoil? The 13th amendment loophole. I'll be informing you using scholars from the documentary "13th" originated from Netflix. The death of slavery at the end of the Civil War left the southern economy shattered. It seems the only way possible to rebuild the south after the freedom of slaves was to initiate the 13th amendment loophole. It grants freedom to all Americans equally with an exception to criminals. After the Civil War, African Americans were arrested by the masses and criminalized heavily in the south. It was the first "prison boom". The news & media outlet started to portray this mythology of black criminology. They used rhetoric's like "the negro is out of control" or that there was a threat of violence towards white women. Black males were painted as a type of evil male that had to be banished.

Laws were passed that relegated the black community to a permanent second-class status. Until December 18th of 1965 where congress passed the

Civil Rights Act and the Voting Rights Act. This happened during the baby boom generation that emerged after World War 2. Not long after the Civil Rights Movement gained steam, there became this boost of crime in the country. Politicians used the Civil Rights movement to rising crime

parole system which was a mechanism for getting people out of jails and prisons. The Stand-Your-Ground law that let Trayvon Martin's murderer walk free in court was written by ALEC. ALEC is a partnership between state legislators and leaders from the corporate and business community. Nearly every bill benefits one of its corporation funders. ALEC CEO Paul Weyrich states "we want everybody to vote. I don't want everybody to vote. As a matter of fact, our leverage in the election quite candidly goes up as the voting population goes down." Many companies abandoned ALEC after the Trayvon Martin case, except KOCH Industries, Statefarm Insurance and PhRMA; the lobbying group for the pharmaceutical industry, the tobacco industry, AT&T and Verizon. In 1983 the Correction Corporation of America was founded in Memphis and is the first private prison corporation in the U.S. they made contracts with states requiring them to keep the prisons filled even if no one was committing a crime; another cause of mass incarceration.

ALEC pushed criminalization to make sure they get the paid CCA contract. SB 1070 gave the right for police to stop anyone who looked like an immigrant. The effects of this; the Immigrant Federal Housing contract is worth \$11 billion dollars every month. "Crimmigration" is the combination of immigration and law enforcement using the same tactics as they did in the War on Drugs. In 2010, CCA left ALEC because news got out that ALEC forcibly pushed SB 1070.





# How to cook for yourself

It is very important to find the motivation to cook as you are not bothered about who watches you. Cooking for yourself saves money and we can eat healthy foods instead of eating fast food or prepared foods. If we can try them, a variety of foods can be made.

Try to spend less time in the supermarket because if you spend more time than you will spend less time cooking. If the picture is clear about what needs to be made for the next few days, then many supermarket

By Ankitkumar Patel of uses the non-Stickiness comes o . e solution to goal or picture about this in this is to buy two to three your mind helps a lot. Also pans that may cost a little always have a list of recipes more but are of a good that has been tried and you quality. is will help you is

like the most. Always use the master list in case you need help.

As you are cooking for yourself always aim for le overs. Le overs always give you relief from cook-

in your house. is incredibly helps in saving money and time.

Always make sure to have a cookbook handy. "How to cook everything" isa book by Mark Batman

ginner and once you have mastered at least 80% of it you can move onto some other book.

Always start o by preparing very simple stu as a beginner. Some of the examples will include trying to make pasta or bread sandwich or minute made noodles or quick oatmeal. Another point to keep in mind is to always learn something while you make something. is basically helps you understand cooking combinations and recipes really well.

Always try to keep the kitchen clean even when you are cooking and also a er you have nished. is is very important as it prevents a ton of bacteria's from piling up.

I will recommend that every person who workJ 0 Tc 3.5736.S02 -0.126 Td [.126 Td 7m-

and always make sure to buy veggies and canned foods in bulk as they will stay fresh for a very long time.

Another thing to keep in mind is when your fruits start getting so try to bake them or make a cocktail shaker in the morning and have it as a breakfast.

Another suggestion that I recommend is that if you are an Indian there is this dish called Khichdi. It is one of the easiest, quickest and digestible food to prepare in a short span of time and it ends the hunger as well. All you need is rice, moong dal and some veggies to prepare it.

Well these are my suggestions on how to prepare food for yourself in case you have very less time

# Parents can be successful in college

Juggling College

By Edna Marshall

stress.

while parenting  
can be very stress  
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# Teacher's Corner

## Sound Guy

By Peter Murray

I will tell you a joke about the unsung heroes of the music business: What does a sound guy use for birth control? -His personality. Rimshot

Actually, that's not completely true; it is not so much a question of personality as it is an issue of hygiene. The music business stinks - literally. It stinks like cigarettes, stale beer, and industrial strength cleaning products. These are the smells of teen spirit, O my brothers; the odor of hot meat and poor-

ne'er-do-well is warm in bed? And all of this without benefit of psychoactive reinforcement? At ve thirty on a January morning one requires more than hot coffee and strong cigarettes to pull it together. Call it pride, call it esprit de corps, call it sheer stupidity- the reason why a rock dude works harder than a one-legged man in an ass-kicking contest



me. Trust me; nobody cares is a plan.

what the sound guy thinks until things begin to go horribly, horribly wrong. Of course, by then it's far too late for rational solutions. That's bad because there is no more rational creature on this earth than a sound guy.

A really good sound guy can solve all of life's technical difficulties before they arise, if only given the authority, and the proper tools. (Sound guy axiom #27: there is a tool for every job, and that tool will always be

missing at the occasion of crisis. Corollary to Sound guy axiom #27: never let the stagehands touch your tools.) A really, really good sound guy can tell you just when and where you fucked up all his shit, and will then invite you to perform unspeakable acts upon various regions of his anatomy. And you will be pleased andattered by his attentions. I call it the Lee Ermey effect. Don't know who Lee Ermey is? Getchase a copy of Full Metal Jacket and watch a master drill sergeant in action. The best sound guys are like that; tense, coiled, ready to pounce at a moment's notice at the slightest infraction or deviation from the plan.

Because, rest assured, there most definitely

is a plan for taking the gear off the semi, another plan for getting it onto the stage, and yet another plan for setting it all up. This process, if executed properly, should take no more than eight hours to complete. Yet if one little cog in this production engine breaks down, the plan may be seriously compromised. God help you if you are that broken cog; the sound guy will land on you like a ton of bricks. Like the drill sergeant in boot camp, the biggest part of the sound guy's job is ass riding and brow beating. The actual task of sound checking the band and mixing the show is the easiest part of a sound guy's day- unless the plan has been compromised, and the band is inconvenienced.

You see, musicians are simple creatures of habit, like big children, or

# An Epic Trip from Mongolia to London by Camels

By: Dulguun Bold-Erdene

N. Baigalmaa started out a 12,000 km camel journey to London from Ulaanbaatar on November the 8th, 2017. She started out from Sukhbaatar